1. Start stitching E’s and L’s on the top two rows of grids across the quilt fabric. Let the marking on the fabric give you a guide for spacing and keeping your E’s and L’s standing straight up. (two grid rows)

2. Advance the fabric so that four rows of square grids are in the throat space.

3. Practice stippling in the 4 x 4 grid square block (8” x 8” block). Stippling is a common form of “filler” quilting. It creates a pattern of closely-sewn, roaming lines that fill background spaces on a quilt. It looks similar to puzzle piece shapes.

4. Moving to the right of the Stippling block, practice stippling and adding stars in the next 4 x 4 grid square block (8” x 8” block).
Moving to the right of the Stippling/Star block, practice stippling and adding hearts in the next 4 x 4 grid square block (8” x 8” block).

Moving to the right of the Stippling Heart block, practice stitching continuous line curves in each of the 2-inch grid squares, following the stitch order in the design below.